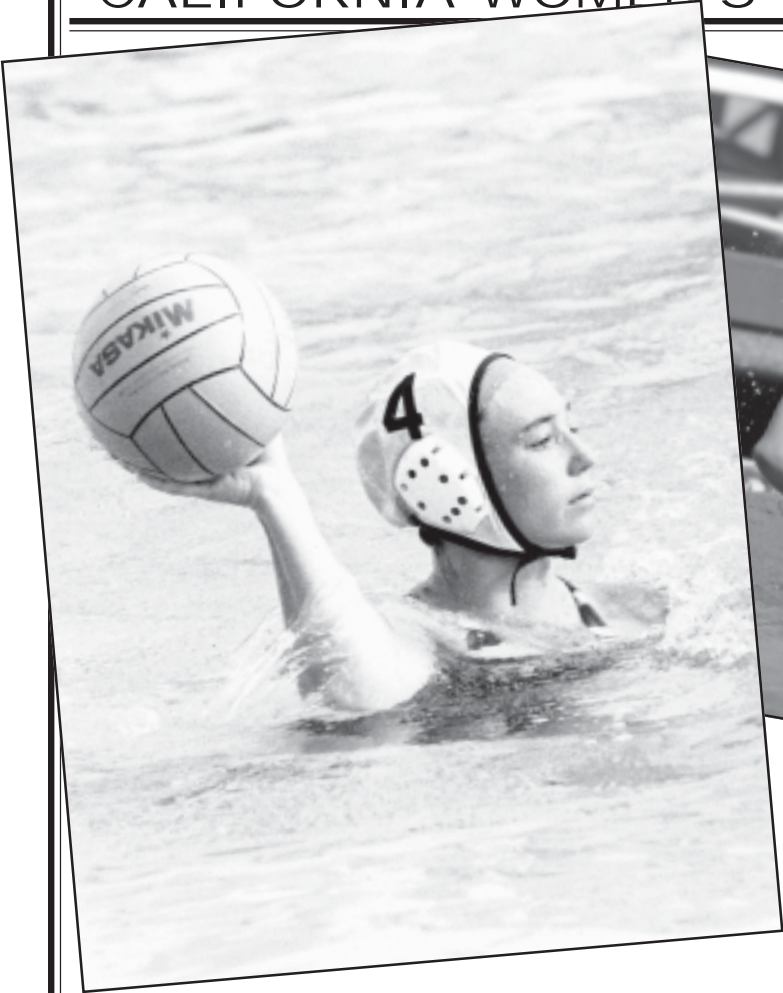


# CALIFORNIA WOMEN'S WATER POLO HISTORY



*California women's water polo holds the distinction of featuring three players who have competed in the Olympics, (clockwise from above) Courtney Johnson, Ericka Lorenz, Heather Petri, and Lorenz (left) together with Petri at a 2004 Team USA-Cal match at Spieker Aquatics Complex.*



## 2007 MPSF OPPONENTS

## MOUNTAIN PACIFIC SPORTS FEDERATION

P.O. Box 850  
Woodland, CA 95776-0850  
Telephone: (530) 669-7600

Mountain Pacific Sports Federation Water Polo consists of teams from the Pacific-10, Big West, West Coast and Western Athletic Conferences. The MPSF for women's water polo consists of California, Arizona State, Cal State Northridge, Hawaii, Long Beach State, Pacific, San Diego State, San Jose State, Stanford, UC Irvine, UCLA, UC Santa Barbara and USC.



## ARIZONA STATE

**Apr. 7 in Berkeley, Calif. 12 p.m.**

Location: Tempe, Ariz.  
Enrollment: 45,693  
Athletic Director: Lisa Love  
SID Contact for Water Polo: Alex Ryan  
Office Phone: (480) 965-4987  
Head Coach: Todd Clapper  
Record at Arizona State: 15-13  
Career Record: 120-86 in seven years  
2006 Overall Record: 15-13  
2006 Final National Ranking: 6th

## CAL STATE NORTHRIDGE

**Apr. 14 in Northridge, Calif. 12 p.m.**

Location: Northridge, Calif.  
Enrollment: 32,997  
Athletic Director: Richard Dull  
SID Contact for Water Polo: Stacie Hunter  
Office Phone: (818) 677-3243  
Head Coach: Molly Barnes  
Record at Cal State Northridge: 77-74 in five years  
Career Record: same  
2006 Overall Record: 12-21  
2006 Final National Ranking: 19th

## HAWAII

**Mar. 31 in Honolulu, Hawaii 4:30 p.m.**

Location: Honolulu, Hawaii  
Enrollment: 18,706  
Athletic Director: Herman Frazier  
SID Contact for Water Polo: Markus Owens  
Office Phone: (808) 956-9748  
Head Coach: Michel Roy  
Record at Hawaii: 67-55 in four years  
Career Record: Same  
2006 Overall Record: 18-12  
2006 Final National Ranking: 4th

## LONG BEACH STATE

**Mar. 11 in Long Beach, Calif. 12 p.m.**

Location: Long Beach, Calif.  
Enrollment: 28,000  
Athletic Director: Vic Cegles  
SID Contact for Water Polo: Niall Adler  
Office Phone: (562) 985-7565  
Head Coach: Catharine von Schwarz  
Record at Long Beach State: First year  
Career Record: Same  
2006 Overall Record: 15-14  
2006 Final National Ranking: 13th

## PACIFIC

**Jan. 31 in Berkeley, Calif. 7 p.m.**

Location: Stockton, Calif.  
Enrollment: 6,000  
Athletic Director: Michael McNeely  
SID Contact for Water Polo: J.D. Fox  
Office Phone: (209) 946-2479  
Head Coach: Megan Thomson  
Record at Pacific: First year  
Career Record: Same  
2006 Overall Record: 0-22  
2006 Final National Ranking: N/A

## SAN DIEGO STATE

**Mar. 17 in Berkeley, Calif. 12 p.m.**

Location: San Diego, Calif.  
Enrollment: 29,000  
Athletic Director: Rick Bay  
SID Contact for Water Polo: Darin Wong  
Office Phone: (619) 594-5548  
Head Coach: Carin Crawford  
Record at San Diego State: 169-117 in eight years  
Career Record: Same  
2006 Overall Record: 22-12  
2006 Final National Ranking: 7th

## SAN JOSE STATE

**Feb. 10 in San Jose, Calif. 12 p.m.**

Location: San Jose, Calif.  
Enrollment: 27,000  
Athletic Director: Tom Bowen  
SID Contact for Water Polo: Lydia Panayotidis  
Office Phone: (408) 924-1208  
Head Coach: Lou Tully  
Record at San Jose State: 149-166 in 10 years  
Career Record: Same  
2006 Overall Record: 13-14  
2006 Final National Ranking: 12th

## STANFORD

**Apr. 20 in Berkeley, Calif. 7 p.m.**

Location: Stanford, Calif.  
Enrollment: 13,075  
Athletic Director: Bob Bowlsby  
SID Contact for Water Polo: Matt Campbell  
Office Phone: (650) 723-4418  
Head Coach: John Tanner  
Record at Stanford: 220-40 in nine years  
Career Record: Same for women's water polo  
2006 Overall Record: 24-5  
2006 Final National Ranking: 3rd

## UC IRVINE

**Mar. 10 in Irvine, Calif. 12 p.m.**

Location: Irvine, Calif.  
Enrollment: 17,889  
Athletic Director: Bob Chichester  
SID Contact for Water Polo: Erik Wirtanen  
Office Phone: (949) 824-8934  
Head Coach: Dan Klatt  
Record at UC Irvine: 32-32 in two years  
Career Record: Same  
2006 Overall Record: 18-15  
2006 Final National Ranking: 9th

## UCLA

**Feb. 16 in Berkeley, Calif. 7 p.m.**

Location: Westwood, Calif. 90024-1639  
Enrollment: 34,000  
Athletic Director: Dan Guerrero  
SID Contact for Water Polo: Mitchell Rotenberg  
Office Phone: (310) 206-7870  
Head Coach: Adam Krikorian  
Record at UCLA: 201-36 in eight years (women)  
Career Record: Same  
2006 Overall Record: 29-4  
2006 Final National Ranking: 1st

## UC SANTA BARBARA

**Mar. 4 in Berkeley, Calif. 1 p.m.**

Location: Santa Barbara, Calif. 93106  
Enrollment: 18,200  
Athletic Director: Gary Cunningham  
SID Contact for Water Polo: Lisa Skvaria  
Office Phone: (805) 893-6803  
Head Coach: Danielle Altman  
Record at UC Santa Barbara: 67-62 in four years  
Career Record: 115-104 in seven years  
2006 Overall Record: 18-17  
2006 Final National Ranking: 14th

## USC

**Apr. 13 in Los Angeles, Calif. 6 p.m.**

Location: Los Angeles, Calif. 90089  
Enrollment: 28,374  
Athletic Director: Mike Garrett  
SID Contact for Water Polo: Darcy Couch  
Office Phone: (213) 740-3807  
Head Coach: Jovan Vavic  
Record at USC: 275-97 in 12 years  
Career Record: Same  
2006 Overall Record: 27-3  
2006 Final National Ranking: 2nd

## 2006 SEASON IN REVIEW

The 2006 season was the beginning of the Richard Corso era for the California women's water polo program and the Golden Bears made important strides towards establishing themselves as a national power.

Under the direction of Corso, the former head men's water polo coach for the United States at the 1996 Atlanta Olympics, Cal finished 18-9 overall and a school-record 9-3 in Mountain Pacific Sports Federation league play. The Bears were also an impressive 8-1 at home, losing only to No. 1-ranked USC, 7-5, at Spieker Aquatics Complex. Cal went on to finish fifth in the MPSF Tournament in Irvine, Calif., defeating Pacific (21-4) in the opening round before falling to Hawaii (10-8) in the quarterfinals, defeating San Diego State (7-5) in the semifinals and topping Arizona State (7-6) in the fifth-place match.

Junior Elsie Windes and senior Katie Card were selected as 2006 All-Americans by the American Water Polo Coaches Association. Windes, who was also picked first-team All-MPSF, was named as a second-team All-American, while Card earned honorable mention All-America accolades after being picked honorable mention All-MPSF.

Windes was the Bears' leading scorer with 40 goals, including four goals during the MPSF Tournament and two goals in Cal's 7-6 victory over Arizona State in the tournament's fifth-place match. It was her



third All-America accolade after being named an honorable mention All-American as a freshman and a third-team All-American as a sophomore.

Card, one of six seniors on the Bears 2006 squad, tallied 19 goals on the season and notched four goals during the MPSF Tournament. She concluded her college career with 55 goals. Freshman Stephanie Schnugg was another recipient of a postseason honor as she was selected as a member of the MPSF All-Freshman Team. Schnugg, the daughter of former Cal men's water polo star Peter Schnugg (1973 NCAA Player of the Year), finished with 15 goals and was valuable at two-meters.

Other top scorers for Cal in 2006 in-

cluded senior Allison Gold with 23 goals for the year and 115 for her career, junior Vanessa Lindsey with 21 goals, and 19 goals for senior Lauren McGee (60 career goals). Seniors Brianna Llorente and Breana Allison scored 15 and 12 goals in 2006, and finished their careers with 54 and 41 goals, respectively. Sophomore Heather Stuart was the Bears' top goalie, recording 167 saves in 26 matches, including 23 blocks during the MPSF Tournament.

Cal also had five people selected to the 2006 MPSF All-Academic Team – Windes, senior Holly Farlin (12 goals, 22 career goals), and sophomores Molly Hayes (17 goals), Katya Eadington (11 goals) and Rebecca Dreyfuss (eight goals).

## CAL LETTERWINNERS

Breana Allison, 2003-06  
Mary Anderson, 2005  
Julie Arnold, 1999-02  
Lisa Berquist, 1996-97, 99-00  
Shannon Braun, 2000  
Emily Brown, 2005  
Kate Brown, 1996-98  
Amy Buehler, 1998-99, 01  
**Lauren Burke, 2006**  
Lauren Calnero, 2004  
Katie Card, 2003-06  
Julia Cesnik, 1999-02  
Jen Chan, 1996-97  
Cara Chlebicki, 2002-05  
Karen Cook, 1996-98  
Lauren Dennis, 2001-04  
Courtney Devenish, 2000-03  
Daniela DiGiacomo, 2005  
Brigitte Donner, 2000-01  
Rebecca Dreyfuss, 2004, 06  
Tiffany Duncan, 1996-97  
**Katya Eadington, 2005-06**  
Holly Farlin, 2003-06

Shaina Feldman, 2003-05  
Alex Feune de Colombi, 2003-05  
Brenna Fleener, 1999-02  
Claire Fischer, 1996  
Fana Fuqua, 1998-01  
Amy Gardner, 2005  
Heather Glendinning, 1999-01  
Colette Glinkowski, 1997-00  
Allison Gold, 2003-06  
Karie Gray, 1996-98  
Laura Graham, 2000-03  
Kara Griffiths, 1998  
Brittany Hansen, 2003  
**Molly Hayes, 2005-06**  
Keri Hoover, 1997  
Sarah Howell, 2000-03  
Beth Irwin, 1998-01  
Courtney Johnson, 1996  
Kari Johnson, 1996  
Shelly Johnston, 1999-01  
Erin Kelley, 1996-99  
Kathy Klankowski, 1996

Cami Kliner, 2003-05  
Tia Lachowicz, 2002  
Chris Lane, 1999-02  
Brianna Lindsey, 2005  
**Vanessa Lindsey, 2005-06**  
Brittani Llorente, 2003-06  
Ericka Lorenz, 2001-02  
**Paige Lorenz, 2006**  
Katie Lyons, 2000-01  
Lily Majlessi, 2003  
Lisa Martinez, 1998  
Lauren McGee, 2003-06  
Ashley Miller, 2001-04  
Corey Miller, 1998, 00  
Brittany Mohr, 2005  
Meika Mosby, 2002  
Marissa Muller, 2001-02  
Jodie Needles, 2002-05  
Natalie Nelson, 2002-04  
Sabrina Nespeca, 1997  
Marnie O'Donnell, 2004-05  
Heather Petri, 1997-99, 01  
Christina Quintanilla, 2002

Beth Rasala, 1996-98  
Alicia Razzari, 1996-98  
Cristen Razzari, 1999-00  
Michelle Rustin, 2003  
**Stephanie Schnugg, 2006**  
Evi Schueller, 1996-99  
Jillian Silva, 1997  
Lindy Spieker, 2001-04  
Brooke Spittler, 1996-97, 99-00  
Beth Sprinkle, 1997-99  
**Heather Stuart, 2005-06**  
Elisa Sue, 1996-97  
Tina Trakadas, 1996  
Alisa vonHartitzsch, 1997-98  
Melanie vonHartitzsch, 1996-99  
**Melissa Wheeler, 2006**  
Annie Wight, 2004-05  
Melissa Wilson, 2003  
**Elsie Windes, 2004-06**  
Katie Windle, 1998  
Aryn Yancher, 2005  
Kaliya Young, 1996-98, 00

# 2006 FINAL STATISTICS



Allison Gold

NAME	GOALS
Elsie Windes .....	40
Allison Gold .....	23
Vanessa Lindsey .....	21
Katie Card .....	19
Lauren McGee .....	19
Molly Hayes .....	17
Brittani Llorente .....	15
Stephanie Schnugg .....	15
Breana Allison .....	12
Holly Farlin .....	12
Katya Eadington .....	11
Rebecca Dreyfuss .....	8
Melissa Wheeler .....	8
Paige Lorenz .....	6
<b>CALIFORNIA TOTALS</b>	<b>226</b>
<b>OPPONENT TOTALS</b>	<b>160</b>

GOALKEEPER	G	Mins	GA	Saves	AG
Lauren Burke	9	109	22	28	5.65
Heather Stuart	26	647	138	167	5.97
<b>CAL TOTALS</b>	<b>27</b>	<b>756</b>	<b>160</b>	<b>195</b>	<b>5.90</b>



Katie Card

(18-9 OVERALL; 9-3 MPSF; 8-1 HOME; 5-3 ROAD; 5-5 NEUTRAL)

Date	Opponent	Result	Score	Streak	Leading Scorer
Feb. 1	<b>UC Davis</b>	W	9-7	WON 1	Schnugg, Windes 2
Feb. 10	<b>Hawaii*</b>	W	8-6	WON 2	Windes 3
Feb. 11-12	at Stanford Tournament	Fourth Place			
Feb. 11	vs. UCLA#	L	6-4	LOST 1	McGee 2
Feb. 11	vs. Arizona State#	W	14-7	WON 1	Five with 2
Feb. 12	vs. Hawaii#	L	8-7	LOST 1	Windes 4
Feb. 12	at Stanford#	L	6-4	LOST 2	Four with 1
Feb. 17	<b>USC*</b>	L	7-5	LOST 3	Gold 3
Feb. 25-26	at Gaucho Invitational	Sixth Place			
Feb. 25	at UC Santa Barbara^	W	11-6	WON 1	Windes 3
Feb. 25	vs. Stanford^	L	8-3	LOST 1	Card 2
Feb. 26	vs. San Jose State^	W	7-6	WON 1	Allison 3
Feb. 26	vs. Loyola Marymount^	L	7-2	LOST 1	Llorente, Windes 1
Mar. 3	at UCLA*	L	6-4	LOST 2	Gold 2
Mar. 4	at UC Santa Barbara*	W	6-5	WON 1	Gold, Schnugg 2
Mar. 12	<b>Cal State Northridge*</b>	W	12-3	WON 2	Windes 4
Mar. 25	<b>Princeton</b>	W	13-4	WON 3	Hayes 3
Mar. 26	<b>Brown</b>	W	18-8	WON 4	Lindsey 4
Mar. 28	at Arizona State*	W	8-7	WON 5	McGee 3
Mar. 30	at San Diego State*	W	7-4	WON 6	Llorente, McGee 2
Apr. 2	at Stanford*	L	8-4	LOST 1	Hayes 2
Apr. 8	<b>UC Irvine*</b>	W	6-5	WON 1	Windes 2
Apr. 9	<b>Long Beach State*</b>	W	11-6	WON 2	Lindsey, Windes 3
Apr. 14	<b>San Jose State*</b>	W	5-2	WON 3	Five with 1
Apr. 22	at Pacific*	W	15-3	WON 4	Eadington 3
Apr. 27-30	at MPSF Championship	Fifth Place			
Apr. 27	vs. Pacific%	W	21-4	WON 5	Dreyfuss 5
Apr. 28	vs. Hawaii%	L	10-8	LOST 1	Hayes 3
Apr. 29	vs. San Diego State%	W	7-5	WON 1	Card, Schnugg, Windes 2
Apr. 30	vs. Arizona State%	W	7-6	WON 2	Gold, Windes 2

**Bold** indicates home match at Spieker Aquatics Complex  
 \*indicates MPSF Match, #indicates Stanford Invitational  
 ^indicates Gaucho Invitational, %indicates MPSF Tournament

# 2006 FINAL RESULTS & HONORS

## INDIVIDUAL HONORS

### ELSIE WINDES

Second-Team All-American  
 First-Team All-Mountain Pacific  
 Sports Federation  
 MPSF All-Academic

### KATIE CARD

Honorable Mention All-American  
 Honorable Mention All-Mountain  
 Pacific Sports Federation

### STEPHANIE SCHNUGG

Mountain Pacific Sports Federation  
 All-Freshman Team

### REBECCA DREYFUSS

MPSF All-Academic

### KATYA EADINGTON

MPSF All-Academic

### HOLLY FARLIN

MPSF All-Academic

### MOLLY HAYES

MPSF All-Academic



*Stephanie Schnugg*



## 2006 MPSF RESULTS

APRIL 27-30, 2006  
 ANTEATER AQUATICS COMPLEX,  
 IRVINE, CALIF.

1. Stanford
2. Hawaii
3. UCLA
4. USC
- 5. CALIFORNIA**
6. Arizona State
7. San Diego State
8. UC Irvine

## 2006 MPSF ALL-FEDERATION TEAMS

### COACH OF THE YEAR

Michel Roy, Hawaii

### PLAYER OF THE YEAR

Iefke Van Belkum, Hawaii

### NEWCOMER OF THE YEAR

Lauren Silver, Stanford

### FIRST TEAM

<i>Player</i>	<i>School</i>
Iefke Van Belkum .....	Hawaii
Kelly Rulon .....	UCLA
Lauren Wenger .....	USC
Katie Hansen .....	Stanford
Moriah Van Norman .....	USC
<b>Elsie Windes</b> .....	<b>California</b>
Goalie: Meredith McColl .....	Stanford

### HONORABLE MENTION

(Cal player only)

<i>Player</i>	<i>School</i>
Katie Card .....	California

### 2006 MPSF ALL-ACADEMIC TEAM (Cal players)

Rebecca Dreyfuss  
 Katya Eadington  
 Holly Farlin  
 Molly Hayes  
 Elsie Windes

***Bold** denotes current player*

*Heather Stuart*



# CAL WATER POLO HISTORY & HONORS

## COLLEGIATE NATIONAL TOURNAMENT MVP

Courtney Johnson ..... 1996  
Alisa vonHartitzsch ..... 1997

## WESTERN REGIONAL TOURNAMENT MVP

Courtney Johnson ..... 1996  
Alisa vonHartitzsch ..... 1997  
(Co-MVP)

## MPSF CO-PLAYER OF THE YEAR

Colette Glinkowski ..... 1999

## MPSF

### GOALIE OF THE YEAR

Fana Fuqua ..... 2000

## MPSF

### NORTHERN DIVISION PLAYER OF THE YEAR

Courtney Johnson ..... 1996  
Alisa vonHartitzsch ..... 1997

## MPSF

### NORTHERN DIVISION GOALIE OF THE YEAR

Evi Schueller ..... 1997

## THE SALLY MAYNE WOMEN'S WATER POLO SCHOLARSHIP AWARD

1990 ..... Leisha Woolwine  
1991 ..... Cherie Self  
1992 ..... Ruth Wold  
1993 ..... Tamara Tripp  
1994 ..... Kristina Ryan  
1995 ..... Kimberly Lockett  
1996 ..... Erin Kelley  
1997 ..... Evi Schueller  
1998 ..... Corey Miller  
1999 ..... Heather Petri  
2000 ..... Fana Fuqua  
2001 ..... Julia Cesnik  
2002 ..... Brittany Hansen  
2003 ..... Natalie Nelson  
2004 ..... Breana Allison  
2005 ..... Amy Gardner  
2006 ..... **Heather Stuart**

## YEAR-BY-YEAR RESULTS

Year	Record	MPSF Finish	Reg. Finish	Nat. Finish
1996	32-6	Third	First	Second
1997	30-8	Second	Second	Second
1998	27-6	Third	Third	Second
1999	28-7	First	Second	Fourth
2000	28-7	Second	Second	Fourth
2001	17-9	Fourth		
2002	18-8	Fifth		
2003	14-9	Sixth		
2004	17-12	Fifth		
2005	18-10	Fifth		
2006	18-9	Fifth		
<b>Total</b>	<b>247-91 (.731)</b>			

## CAL COACHING RECORDS

Maureen O'Toole (1996-98) .....	83-18 (.822)
Peter Asch (1998-02) .....	97-33 (.746)
Amber Drury-Pinto (2003-05) .....	49-31 (.613)
<b>Richard Corso (2006 - ) .....</b>	<b>18-9 (.667)</b>

## MPSF

### COACH OF THE YEAR

Peter Asch ..... 2000

## MPSF NORTHERN DIVISION

### COACH OF THE YEAR

Maureen O'Toole ..... 1996  
Maureen O'Toole ..... 1997

## FIRST TEAM ALL-AMERICAN

Courtney Johnson ..... 1996  
Kaliya Young ..... 1996  
Alisa vonHartitzsch ..... 1997  
Alisa vonHartitzsch ..... 1998  
Colette Glinkowski ..... 1999  
Fana Fuqua ..... 2000  
Ericka Lorenz ..... 2001

## SECOND TEAM ALL-AMERICAN

Evi Schueller ..... 1996  
Kaliya Young ..... 1998  
Heather Petri ..... 1999  
Melanie vonHartitzsch ..... 1999  
Colette Glinkowski ..... 2000  
Beth Irwin ..... 2000  
Fana Fuqua ..... 2001  
Brenna Fleener ..... 2002  
Ericka Lorenz ..... 2002  
Jodie Needles ..... 2003  
Jodie Needles ..... 2004  
**Elsie Windes ..... 2006**

## THIRD TEAM

### ALL-AMERICAN

Karen Cook ..... 1996  
Karen Cook ..... 1997  
Evi Schueller ..... 1997  
Kaliya Young ..... 1997  
Karen Cook ..... 1998  
Brenna Fleener ..... 2001  
**Elsie Windes ..... 2005**

## HONORABLE MENTION ALL-AMERICAN

Melanie vonHartitzsch ..... 1997  
Heather Petri ..... 1998  
Evi Schueller ..... 1998  
Beth Irwin ..... 1999  
Kaliya Young ..... 2000  
Julia Cesnik ..... 2002  
Lauren Dennis ..... 2002  
Elsie Windes ..... 2004  
Allison Gold ..... 2005  
Katie Card ..... 2006



*Elsie Windes*

## MPSF FIRST TEAM

Karen Cook ..... 1996  
Courtney Johnson ..... 1996  
Melanie vonHartitzsch ..... 1996  
Kaliya Young ..... 1996  
Evi Schueller ..... 1997  
Alisa vonHartitzsch ..... 1997  
Melanie vonHartitzsch ..... 1997  
Kaliya Young ..... 1997  
Alisa vonHartitzsch ..... 1998  
Colette Glinkowski ..... 1999  
Fana Fuqua ..... 2000  
Colette Glinkowski ..... 2000  
Ericka Lorenz ..... 2001  
Jodie Needles ..... 2004  
**Elsie Windes ..... 2006**

## MPSF SECOND TEAM

Alicia Razzari ..... 1996  
Karen Cook ..... 1997  
Melanie vonHartitzsch ..... 1997  
Colette Glinkowski ..... 1998  
Kaliya Young ..... 1998  
Heather Petri ..... 1999  
Melanie vonHartitzsch ..... 1999  
Beth Irwin ..... 2000  
Brenna Fleener ..... 2001  
Fana Fuqua ..... 2001  
Brenna Fleener ..... 2002  
Ericka Lorenz ..... 2002  
Jodie Needles ..... 2003  
**Elsie Windes ..... 2004**  
**Elsie Windes ..... 2005**

## MPSF THIRD TEAM

Karen Cook ..... 1998

## MPSF HONORABLE MENTION

Heather Petri ..... 1998  
Brenna Fleener ..... 1999  
Beth Irwin ..... 1999  
Evi Schueller ..... 1999  
Brenna Fleener ..... 2000  
Kaliya Young ..... 2000  
Julia Cesnik ..... 2001  
Beth Irwin ..... 2001  
Heather Petri ..... 2001  
Julia Cesnik ..... 2002  
Lauren Dennis ..... 2002  
Lauren Dennis ..... 2003  
Lauren Dennis ..... 2004  
Katie Card ..... 2006

## MPSF ALL-FRESHMAN TEAM

**Elsie Windes ..... 2004**  
**Stephanie Schnugg ..... 2006**

*Bold denotes current player*

# SPIEKER AQUATICS COMPLEX

## THE HOME OF CHAMPIONS

Serving as home to the California water polo and swimming teams is the Spieker Aquatics Complex, one of the finest outdoor facilities in the United States.

Located on the corner of Dana and Bancroft on the south side of Haas Pavilion, the one million dollar facility was completed in the fall of 1982. It was made possible through the Cal Sports '80s project and was named after former Cal water polo letterman Edward "Ned" Spieker, who provided the major portion of the funds for the project.



### CAL'S WOMEN'S YEAR-BY-YEAR RECORD AT SPIEKER

1996 .....	6-2
1997 .....	7-2
2000 .....	9-1
2001 .....	5-2
2002 .....	7-1
2003 .....	3-2
2004 .....	6-3
2005 .....	8-3
2006 .....	8-1
<b>Totals ...</b>	<b>59-17 (.776)</b>

The facility replaced the antiquated Harmon Pool, which served as the home for California aquatics for 50 years. The primary aspect of the extensive remodeling project was the joining of the two previously existing

tanks to provide for the 50-meter by 25-yard pool of deep water, suitable for major national and international water polo and swimming championships. Spieker Aquatics Complex has served as the site of the United States Senior National Water Polo Championship in 1984 and '86, the National Qualifying Tournament for collegiate women's water polo in 1997 and 2000, the men's Mountain Pacific Sports Federation Tournament in 2000, and most recently the 2005 MPSF Women's Water Polo Championship.

One thing that hasn't changed with the

Bears move into Spieker is Cal's dominance at home. Between 1976 and '81, the Bears men's water polo team lost just one league match at home. Since the Cal men played their first match in the Spieker Aquatics Complex in the middle of the 1982 season, the Bears have compiled a 182-45 (.802) record. In 1991 and '92, the Cal men went through the home season unbeaten, winning all 19 of its matches at Spieker. The Bear women played their first home matches as a varsity sport in Spieker during the 1996 season and have compiled a home record of 59-17 (.776).

## FRIENDS OF CAL AQUATICS

The Friends of Cal Aquatics is an organization of alumni, parents, and supporters of all four Cal Aquatics programs—Men's and Women's Swimming & Diving and Water Polo teams. The Friends of Cal Aquatics fundraising committee works in conjunction with the Department of Intercollegiate Athletics and the Cal Athletic Development office to raise necessary funds for the four Cal Aquatics programs. The support from the Friends of Cal Aquatics provides vital financial assistance in the form of annual gifts and contributions to endowment funds for student scholarships, as well as the day-to-day operating costs for the aquatics programs in perpetuity.

Friends of Cal Aquatics evolved from the efforts provided by four generous visionaries and alumni: Rick Cronk, Don Fisher, Warren Hellman and Ned Spieker, who founded the Splash Club Endowment Fund in the 1980's by providing a leadership gift of matching funds which raised a total of \$2 Million for the programs.

### TWO-SPORT STAR LYNN WITTSTOCK



Lynn Wittstock, a 2002 inductee into the Cal Athletic Hall of Fame, was a two-time All-American in swimming (1982 and 1984), but her greatest successes came in water polo. Wittstock played on Cal's club team from 1981-84, and on the USA National Team from 1984-98, serving as team captain from 1987-90 and 1992-98. She competed in four World Championships and was elected flag bearer for the USA delegation at the opening ceremonies of the 1998 World Aquatic Championships. Wittstock was the USOC Water Polo Athlete of the Year in '93, '95 and '96, and was nominated for the 1996 Sullivan Award as the nation's top amateur athlete.

Another prominent Cal Aquatics endowment fund was established in honor of the legendary Cal Swimming and Water Polo Coach Pete Cutino. The Peter J. Cutino Scholarship Fund currently enables the men's water polo program the opportunity to attract nationally prominent water polo players to Cal.

The Cal Aquatics teams are traditionally the finest in the nation, but if these pro-

grams are to maintain the level of excellence they have enjoyed, new sources of revenue must be found. The only way to insure competitive funding for the aquatics programs in the future is through your support of the Friends of Cal Aquatics. For further information on Friends of Cal Aquatics, contact Aaron George in the Cal Athletic Development Office at 510-643-2746 or visit calaquatics.com.

# CALIFORNIA ATHLETICS

## Winning...

2004-2005  
2006-2007  
2008-2009  
2010-2011  
2012-2013  
2014-2015  
2016-2017  
2018-2019

2004-2005  
2006-2007  
2008-2009  
2010-2011  
2012-2013  
2014-2015  
2016-2017  
2018-2019

### RECENT TEAM NATIONAL CHAMPIONS



2004-2005 MEN'S COLLEGE



2004-2005 MEN'S COLLEGE



2008-2009 MEN'S



2004-2005  
2006-2007  
2008-2009  
2010-2011  
2012-2013  
2014-2015  
2016-2017  
2018-2019

2004-2005  
2006-2007  
2008-2009  
2010-2011  
2012-2013  
2014-2015  
2016-2017  
2018-2019

2004-2005  
2006-2007  
2008-2009  
2010-2011  
2012-2013  
2014-2015  
2016-2017  
2018-2019



2004-2005  
2006-2007  
2008-2009  
2010-2011  
2012-2013  
2014-2015  
2016-2017  
2018-2019

Cal

FALL 2008 NATIONAL CHAMPIONS



2008 FALL 2008 NATIONAL CHAMPIONS  
2008 FALL 2008 NATIONAL CHAMPIONS  
2008 FALL 2008 NATIONAL CHAMPIONS

# ...is a Cal tradition!

Cal Down the Stanford Ave



...is a Cal Tradition

# The BAY AREA and BEYOND

The San Francisco Bay Area is a major metropolitan area of approximately six million people and one of the most scenic regions in the United States. The Bay Area includes the major cities of San Francisco and Oakland, as well as Berkeley, home of the world-renowned University of California. Just south is the city of San Jose and the Silicon Valley, home to many of the world's high-tech companies. The Bay Area also lies within easy driving distance of the high Sierra resorts of Lake Tahoe and Yosemite, the Monterey/Carmel peninsula, the world famous Napa wine country, and the spectacular Mendocino Coast.

Everyone knows "The City" - San Francisco - from countless photographs, movies and television shows that capture its magic. It is a city built on a series of more than 40 hills, offering panoramic views of every kind. The hub of a nine-county complex and the financial and insurance capital of the world, San Francisco has a resident population of about 740,000. San Francisco is situated on a 46.6 square-mile peninsula bounded on the west by the Pacific Ocean, on the north by the Golden Gate strait, and from north to east by the San Francisco Bay. The City has been named the world's top city twice by readers of *Conde Nast Traveller* and the top U.S. city seven times since 1988.

The San Francisco Bay is spanned by two landmarks, the Golden Gate and San Francisco-Oakland Bay bridges, and graced by four islands: Alcatraz, Angel, Yerba Buena and Treasure. The area is easily navigated by car, BART (Bay Area Rapid Transit), bus or ferry, making it easily accessible to all.

## Berkeley



## Oakland



## San Francisco



Golden Gate Bridge

### TOP U.S. CITIES

1. San Francisco, CA
2. Santa Fe, NM
3. Charleston, SC
4. New York, NY
5. Chicago, IL
6. Honolulu, HI
7. New Orleans, LA
8. Carmel, CA
9. Savannah, GA
10. Boston, MA

Source: Conde Nast Traveller magazine, 2004 Readers' Choice Awards

Located across the Bay Bridge from San Francisco, Oakland is a city of 400,000, jam-packed with exciting attractions, stimulating arts, and an ideal climate. Oakland's charm exceeds its man-made wonders, as its tumbling hills, vast forests, hiking and riding trails, beautiful lakes and numerous parks provide a natural escape for those who prefer nature over an urban environment.

Berkeley, just a 12-mile drive from San Francisco, is situated on 18.8 square miles with a population of 103,000 people. A study in contrasts, Berkeley is a small town with a big-city character. With its world-renowned university, global population and rich diversity of cultural arts, Berkeley reflects and affects the rest of the country.

Sports fans can see it all in the Bay Area - professional football (San Francisco 49ers, Oakland Raiders), professional basketball (Golden State Warriors), professional baseball (San Francisco Giants, Oakland Athletics), professional hockey (San Jose Sharks), and outstanding collegiate competition.

Sources: S.F. Convention and Visitors Bureaus, Oakland Convention & Visitors Authority, Berkeley Convention and Visitors Bureau, and the California Trade and Commerce Agency.

## Lake Tahoe



California  
Reserves



Yosemite National Park

Yosemite National Park, Sequoia National Park, Inyo National Forest, Lake Tahoe National Forest, and the Central Sierra Nevada Forest Reserve. Other locations include: Lake Tahoe, and Lake Tahoe.

# The UNIVERSITY of CALIFORNIA

## SIMPLY THE BEST

There is no other way to aptly describe America's top public university. There is no other way to describe one of the elite academic settings in the world – especially one that also includes one of America's most successful athletic departments.

The University of California blends the best of all worlds. Overlooking the scenic San Francisco Bay and ranked as the nation's top public university by the *U.S. News and World Report*, the flagship campus of the state of California also features an athletic program that annually finishes among the leaders in the Directors' Cup standings, which rates the overall success of America's athletic departments.

Cal attracts what many believe to be the finest applicant pool in the United States. The university features a diverse student-body population. The University of California offers 300 degree programs, and 35 of the school's 36 graduate programs are ranked among America's top 10. Cal's 35 programs among the top 10 is No. 1 among all universities in the country, as is its 32 "distinguished" programs, as rated by the National Research Council.

The library is ranked third in the country, as judged by Association of Research Libraries with 9 million volumes in 18 campus libraries.

The faculty features seven Nobel Laureates, 128 members of the National Academy of Sciences, 16 MacArthur Fellows, 83 Fulbright Scholars, three Pulitzer Prize winners and more Guggenheim Fellows (139) than any other university in America.



## AMERICA'S NO. 1 PUBLIC UNIVERSITY BY THE NUMBERS

### 1 Universities With Highest Number of Top 10 Graduate Programs

1. CALIFORNIA
2. Stanford
3. Harvard
4. Princeton
5. MIT

### 1 Universities With The Highest Number of "Distinguished Programs"

- |                     |    |
|---------------------|----|
| 1. CALIFORNIA ..... | 32 |
| 2. Stanford .....   | 28 |
| 3. Harvard .....    | 25 |
| 4. Princeton .....  | 24 |
| 5. MIT .....        | 20 |

1 In the 2004 survey conducted by The Association of Research Libraries, **California's** library was ranked No. 1 among public schools and third overall, behind only Harvard and Yale.

### TOP PUBLIC UNIVERSITIES

1. CALIFORNIA
2. Virginia
3. Michigan
4. UCLA
5. North Carolina

Source: U.S. News and World Report

### 2 Ranking of World's Top 10 Universities\*

- |               |               |
|---------------|---------------|
| 1. Harvard    | 6. Cambridge  |
| 2. CALIFORNIA | 7. Stanford   |
| 3. MIT        | 8. Yale       |
| 4. Caltech    | 9. Princeton  |
| 5. Oxford     | 10. ETHZurich |

Source: \*Times Higher Education 2004 Supplement

# 20

**Nobel Laureates**  
20 current and former faculty members

# 16-1

Student-to-Faculty Ratio

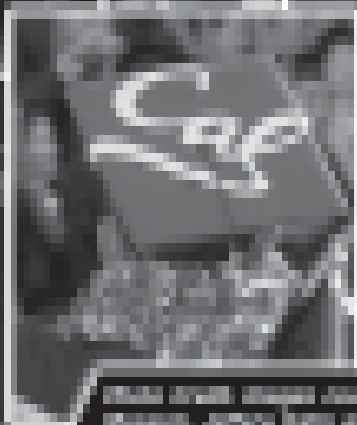
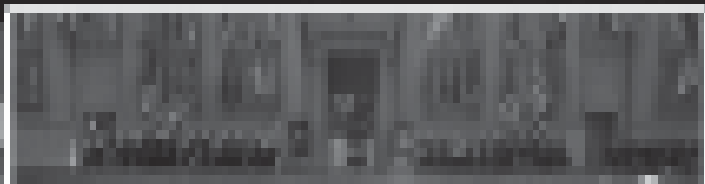
# 351

Degree Programs

# 3000

### Service

The University of California is the only school in the country to have produced more than 3,000 volunteers since the inception of the Peace Corps in 1961.



# WATER POLO RULES, REGULATIONS & TERMS

## INTRODUCTION

Water polo, the oldest team sport in the Olympics, is a game of skill, endurance and swimming ability played in a 20 by 30 meter pool. There are seven players, six in the field and one goalkeeper. The object of the game is to shoot a rubber ball into a one-by-three meter goal. One point is scored for each goal. A player may shoot for a one-point goal, without a fake or a hesitation, after an ordinary foul outside of seven meters. The game consists of four, eight-minute quarters, with each team allowed 35 seconds to take a shot.

## GAME PLAY

The game starts with both teams lined up on the opposite ends of the pool. They sprint for the ball dropped in the middle of the field of play by the referee. Teams advance the ball by passing, or dribbling (swimming with it). Only one hand may be used on the ball at one time, with the exception of the goalkeeper. Defensively most teams will play a man-to-man pressure defense. No player is allowed to hold, sink, pull back or otherwise interfere with the free limb movement of an opponent unless the player has his hand on the ball. It is the object of the defense to play the ball and not the man. The timing of the foul is critical in all defensive plays. Poor timing often results in ejection fouls.

## FOULS

The referee indicates a foul by blowing a whistle and showing either the white flag or the blue flag. That team receives a free throw. There are ordinary fouls and major fouls.

**Ordinary fouls** - offending team gets a free throw from the point of the infraction.

1. Two hand touch of the ball.
2. Taking the ball underwater and touched by an opposing player.
3. Impeding the progress of a player who does not have the ball.
4. Pushing off of an opponent.
5. Stalling.

**Major fouls** - Offending player ejected for 35 seconds or until a goal is scored or there is a possession change.

1. Kick/strike an opponent.
2. Interfere with a free throw.
3. Hold, sink or pull back an opponent without the ball.
4. Misconduct, disrespect.
5. Ordinary foul in dead time (the time between the call of the foul and the actual putting the ball into play).



*Courtney Johnson was the 1996 Collegiate National Tournament MVP and a member of the United States Women's Water Polo Team that won the silver medal at the 2000 Sydney Olympics.*

## TERMINOLOGY

**Back Door:** An offensive drive from the wing position on the weak side (away from the ball).

**Ball Under:** A minor foul (see #2 under ordinary fouls).

**Center Throw:** A free throw from a position in front of the goal at the two-meter line, awarded when the ball goes over the goal line last touched by a defensive player.

**Counter Attack:** A fast break.

**Dry Pass:** Pass from one player to another without the ball touching the water.

**Extra Man:** A man up situation, usually six on five and a "power play" situation.

**Inside Water:** A situation where the offensive player has an advantageous position in front of the defender, with nothing but open water in front of him/her and the goal.

**Moving Pick:** Moving screen intended to free an offensive player for a release pass and/or shot.

**Natural Goals:** Goals scored when both teams have an even amount of players.

**Penalty Shot:** A free shot taken by the offensive player from the four-meter line, awarded when a foul occurs inside the four-meter line preventing the probable scoring of a goal.

**Point:** Position at the top, of the 12 o'clock area of the offensive set-up, in the center of the pool.

**Release:** A player making himself available for a pass.

**Switch:** Defenders switching defensive responsibilities.

**Wet Pass:** A pass from one player to another that lands near the receiver in the water.

**Wet Shot:** A shot that is attempted while the ball is controlled in the water, usually a quick wrist shot. This is also called off the water shot.